

Boundless Reflections NEWSLETTER

February 2023



Boundless Learning

julia@boundlesslearning.org.uk

Creating, enabling and empowering climates for learning.

Don't forget to check out my blog: Boundless Reflections – Boundless Learning

Boundless Learning

Welcome to issue number 1!

I'm keen to let you in to see more of my world, what I'm learning and what I get up to. I'm also open to suggestions, contributions and reflections. This is intended to be a chance to connect, share and pause. My mantra for this year is to greet the world with playful curiosity, so here goes.



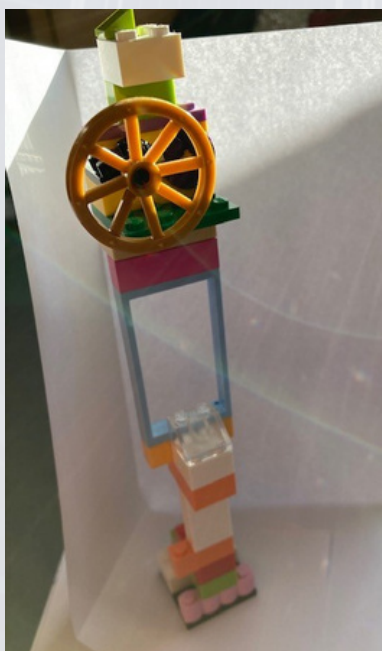
Boundless Leadership

I've put a lot of time into reflecting on my own learning. Resilient leaders Elements and Lego Serious Play figure a lot in the work I do at individual and organisational levels, so it was natural to combine them when choosing my own icons. These symbolise the key elements of Awareness, Leadership Presence, Resilient Decision making and Clarity of Direction, as well as key values of joy, empowerment and connection.

BOUNDLESS CREATIVITY

I never cease to be amazed by the power of Lego serious play in enabling deep reflection through the use of a physical model.

I used simple towers to reflect on progression in learning for Initial Teacher Trainees, and this empowered them to take ownership of their next steps.



Boundless Wellbeing

Navigating your Leadership Landscape

Navigating a difficult landscape? Spend a day with Julia and Jenny, focusing on your leadership skills & wellbeing, so you can steer your team to the right horizon.



**BOUNDLESS
PURPLEMOON**
Exploring and Enabling Leadership



Halifax March 2nd
Leicester May 19th

My learning

I took part in the Cancer Research 31 day Yoga challenge. In noticing what happens to my focus, movement and breath, and what gets involved during a challenging pose, I've considered the small adjustments that make the most difference, and what's getting involved that doesn't need to. I'm now working on applying these ideas to everyday

Boundless Wellbeing Winners

The value of a 5 minute check in, and examining your intentions while taking three long breaths into your stomach can connect you with what lies at your core. Useful every day, and as you head back into the busyness of the day.



Resilient Leaders Consultant



Boundless Leadership Learning

I'm launching my next group programme in March, considering Leadership in Uncertainty. Please get in touch if you or a member of your team would like to take part. If you have a team that would benefit from a bespoke programme please contact me to discuss this.

BOUNDLESS INSPIRATION



This month we launched the next round of programmes for embodying the school vision. This was born out of a collaboration with Sarah Caton, from Inspiration for All and we work closely with school leaders to ensure alignment to vision and purpose underpins all Strategic leadership decisions, as well as enabling the whole school culture. The benefits are far-reaching in terms of impact on staff, children and wcommunity and it's such a motivational process we all learn from.



KEY EVENTS

Personal Development Conference
Saturday 4th March Birmingham

Navigating your Leadership Journey
Thursday 2nd March
<https://bit.ly/boundlesspurplemoon>

Leadership in Uncertainty March tbc
6 online sessions

Headsup4HTs Book group
23rd March 7pm, Vic Carr

Northern Rocks
Saturday 10th June

