

Boundless Reflections NEWSLETTER

May 2023 Issue 3



Boundless Learning

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Creating, enabling and empowering climates for learning.

Don't forget to check out my blog: Boundless Reflections – Boundless Learning

Boundless Learning

Welcome to issue number 3!

This is a chance to connect, share and pause. Please feel free to contribute, or reflect on the ways we work together. My mantra for this year is to greet the world with playful curiosity, so here I am.



Boundless Leadership

I've been continuing my own learning this Spring, with Women of the World, WOW coaching. Reflection on your own leadership and identity can be tough. Making time to do the work can offer new insights and develop versatility. I dug into Imposter Syndrome and dealing with that negative inner voice. I'm now on Matthew McConaughey's Roadtrip, working with a diverse range of people from all over the world. Broadening perspectives and facing new challenge is shaping my vision, capacity for leadership development and my new coaching programmes.

BOUNDLESS CREATIVITY

The value of Lego Serious Play and using active approaches to creative solutions-focused work, informs my facilitation approaches. Working with trainee teachers to develop their subject knowledge recently was enlightening, particularly as I was being quality assured too! If you'd like me to come and work with you or staff teams, get in touch.



Boundless Wellbeing



The power of Supervision is something I am passionate about. I am committed to ensuring individuals and teams have the support and opportunities they need to reflect and consider their roles and impact. Sustained provision of Supervision can transform your leadership and empower teams..
I'm planning further developments later this year.



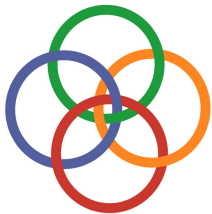
My learning

I'm leaning into identity and Imposter Syndrome at the moment. So many of us have that negative inner voice that whispers, or sometimes shouts and gets in the way of us living our best lives.

Strengthening our sense of self worth, connecting with our self, embodying our purpose and values and connecting with others can really make a difference.

Boundless Wellbeing Winners

When did you last stop and celebrate your achievements? I recently had to share my past impact for a new client and I was reminded of the power of recognising the positives. What are you proud of in your own list of achievements? Do you stop and notice these enough?



Resilient
Leaders
Consultant



Boundless Leadership Learning

BOUNDLESS LEARNING

I'm offering my recently developed Inset for Teaching Assistants linked to values-led approaches to empowering them in their roles, for August INSET. Availability is limited.

I am also piloting some embodiment work, based on some of my own learning. This will be launching later in the year.



I'm launching my next group programme in early June. This will be my best yet! I'm embracing my new mantra!

I'm the fire that radiates passion, purpose and love into your life.

Please get in touch if you or a member of your team would like to join this transformation. If you have a team that would benefit from a bespoke programme please contact me to discuss this.

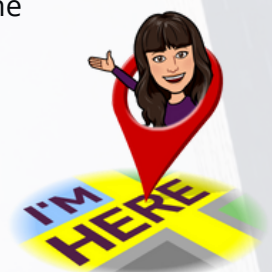
KEY EVENTS

Headsup4HTs Book group with Richard Gerver June 8th 7pm. It's free, all welcome.

Navigating your Leadership Journey
Dates in September tbc

Boundless Coaching Programme
6 online sessions starting in June

Northern Rocks
Saturday 10th June



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