## **Boundless Reflections** NEWSLETTER Boundless Learning

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julia@boundlesslearning.org.uk Creating, enabling and empowering climates for learning.

Don't forget to check out my blog: Boundless Reflections – Boundless Learning

# **Boundless Learning**

Welcome to issue number 5!

This is a chance to connect, share and pause. Please feel free to contribute, or reflect on the ways we work together. My mantra for this year is to greet the world with playful curiosity, so here I am.

## **BoundlessLeadership**

I've been busy with Boundless Inspiration, supporting schools in embodying their vision and values, ensuring this is closely linked to a broad set of measures and focusing on prioritised and clear actions.

I've also been working with Cambridge Assessment International, supporting curriculum development and design.

I continue to work as a Visiting Fellow for the Leicestershire and Rutland teaching school hub delivering NPQLT, which also consolidates my own learning. I also thoroughly enjoyed taking part in the Intensive Practice week for Leics SCITT looking at how children learn.

BOUNDLESS **CREATIVITY** 

Delivering INSET to teaching assistants, Higher ed staff and whole school staff to empower them in their roles has also been invigorating.

I have developed a pilot programme for schools underpinned by a range of psychological and learning theories to enable resilience, support emotional literacy and empower independence. This is also designed to support key staff in their own resilience and offers access to the resilient leaders Elements resource for two members of staff. This incorporates Lego Serious Play and much of my research in Emotional literacy, intelligence and developing key communication skills, including reading and writing.



### **Boundless Wellbeing**



The power of Supervision is something I am passionate about. I am committed to ensuring individuals and teams have the support and opportunities they need to reflect and consider their roles and impact. Sustained provision of Supervision can transform your leadership and empower teams.. Supervision with an Reflective education Supervisor can be trnsformational.



## My learning



My learning continues! I spent time over the Summer learning about Saboteurs and activating Sage wisdom using Positive Intelligence. I'm just about to commence my ICF accreditation with the Mindset Coach Academy and I've just returned from the Resilient Leaders Elements annual conference, This is enabling all aspects of my work, ensuring I have a diverse toolkit for my clients, and can offer bespoke programmes and support to enable them personally and professionally.

# **Boundless Wellbeing Winners**

Resilient

Consultant

Leaders

This week at Headsup4HTs and at Serious Players, my LSP group, I challenged leaders to consider what helps them flourish and how they live their values. Having a clear sense of Awareness, of self, others and environment is a key element of Resilient leaders. Often when we're driven to serve we can neglect self. What do you need to enable you to flourish?



## Boundless Leadership Learning

I'm launching my next group programme soon. This will be life changing! I'm embracing my new mantra!

**I'm the fire that radiates passion, purpose and love into your life.** Using Resilient Leaders Elements, Positive Intelligence and Lego Serious Play, leaders will develop resilient and versatility to succeed in uncertainty. They will have a clear sense of who they are and what they are motivated to do, ensuring this enables them to thrive in challenging environments.

## **BOUNDLESS LEARNING**



I've written a blog about Playful Curiosity that reflects on why this is so important for adults and children alike.

Early next year, my article will be published in R.I.S.E magazine.

I used these strategies in a recent Headteacher performance management meeting and it enabled clear and focused conversation, as well as creating a positive approach to professional learning and development. If this is something that would support staff, I deliver bespoke sessions grounded in these approaches.

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# **KEY EVENTS**

Headsup4HTs Book group with Sean Gaillard Nov 9th 7pm. It's free, all welcome.

Boundless Coaching Programme 6 online sessions starting soon. Get in touch!

