Contact Us

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Creating positive climates for learning

Building an effective approach to Supervision in Schools



Leadership, Learning, Wellbeing Coaching & Supervision

Supervision in education

School staff manage a range of situations that impact on their own wellbeing and resilience. It is important to provide a safe space to :

Explore issues Consider solutions Be supported to consider the implications and make effective decisions.



Packages include:

- Half termly individual
 Supervision sessions
- Training and development to embed Supervision within the organisation
- Group Supervision

Julia will work with you to design a bespoke plan to suit your needs.

Core functions of Supervision

Educational: Gain a sense of perspective , consider barriers and learning opportunities. Julia enables clients to develop their skills, knowledge and understanding and consider how to apply this in practice through effective and constructive discussion.

Managerial: Work within professional standards and structures to ensure quality of performance, discussion of relevant policies & procedures . Julia supports client effectiveness and management of workloads.

Supportive: Share and support issues, clarify priorities and recognise achievements. Julia enables individuals to manage personal feelings and wellbeing related to the impact of their work.





Julia is an accredited Supervisor and coach and works with clients across all phases of education. Her confidential and relational practice supports approaches that are free from judgement, supportive and founded in a values-led approach to providing professional challenge, within a supportive and empowering environment.

Sessions are tailored to client contexts and needs.